

Bremer County Strategic Plan for FY 04-06

441-25.18(331) Strategic Plan shall describe the county vision for the system for the next three years and shall include, but not be limited to the following:

25.18(1) Needs assessment

According to information received from consumers, case managers and providers, Bremer County's number one need is transportation. Bremer County will also continue to move persons into non-congregate living supports. This information was gathered both informally and formally through a Satisfaction Survey.

25.18(2) Goals and Objectives for three years, including action steps and cost projections.

Bremer County will use following as goals.

1. Transportation

Bremer County will increase transportation options for residents of Bremer County.

Reason: Clients in Supported Employment and Supported Community Living need transportation to work and to other places. This will have a cost of around \$20-25,000.

Action Steps to Accomplish: Bremer County will provide assistance in the acquisition and funding of transportation options. In addition Bremer County will continue to participate in planning with City and Regional authorities for transportation options.

2. Income

Bremer County shall measure the extent to which an individual's average annual income changes. It is Bremer County's goal to increase the average annual income of consumers.

Reason: This offers the potential for more income and an improved quality of life for the consumer. Preliminary data shows that this probably will not have a cost but will save the county money.

Action Steps to Accomplish: Providers in Bremer County will collaborate with each other to do job development and procurement.

3. Home Based Service Setting Percentage

Bremer County shall measure the extent to which community-based supports are available and used for residential services.

It is Bremer County's goal to increase or maintain the number of Persons in Home Based Service Settings.

Reason: This is a less restrictive service offering the potential for an improved quality of life for the consumer. This has shown in the past to be cost neutral.

Action Steps to Accomplish: Providers in Bremer County have continued to provide SCL, ARO and HCBS waiver in the county. There will be an increase in the number of persons who can be served in the county because of the movements by the providers. Also new consumers will be referred to SCL instead of RCF. Bremer County will also work with others to maintain and expand affordable housing opportunities.

4. Consumer participation Statewide and Local

Bremer County shall report annually on the number of opportunities during the year for consumers to participate in planning activities. These may include, but are not limited to, open forums, focus groups, consumer advisory committee meetings, and planning council meetings.

Reason: Bremer County desires to have a consumer responsive system. The best way to have such a system is to have informed consumers participate in the design of it. This will cost ~\$1000.

Action Steps to Accomplish: Bremer County will send 2 consumers to conferences such as the mental health conference. From these consumers we will recruit additional consumers to serve on the advisory board.

25.18(3) Services and Supports. Matrix of the services you would provide if requested.

SERVICE MATRIX	MI	CMI	MR	DD	BI
4x03 Information and Referral	X	X	X	X	X
4x04 Consultation.	X	X	X	X	X
4x05 Public Education Services	X	X	X	X	X
4x11 Direct Administrative.	X	X	X	X	X
4x21- 374 Case Management- Medicaid Match.		X	X	X	

4x21- 375 Case Management -100% County Funded	X	X	X	X	X
4x31 Transportation (Non-Sheriff).	X	X	X	X	X
4x32- 320 Homemaker/Home Health Aides.		X	X	X	
4x32- 321 Chore Services			X	X	
4x32- 322 Home Management Services			X		
4x32- 325 Respite.	X	X	X	X	
4x32- 328 Home/Vehicle Modification			X		
4x32- 329 Supported Community Living (Living with family)			X	X	
4x33- 399 Other (General Assistance not listed elsewhere)	X	X	X	X	X
4x41- 305 Outpatient	X	X	X	X	X
4x41- 306 Prescription Medication.	X	X	X	X	X
4x41- 307 In-Home Nursing			X		
4x41- 399 Other (Medical Services Covered By GA Not listed elsewhere)	X	X	X	X	X
4x42- 305 Outpatient	X	X	X	X	X
4x42- 309 Partial Hospitalization.	X	X			
4x43- Evaluation.	X	X	X	X	X
4x44- 363 Day Treatment Services		X			
4x44- 397 Psychiatric Rehabilitation		X			
4x50- 360 Sheltered Workshop Services.		X	X	X	
4x50- 362 Work Activity Services			X	X	
4x50- 364 Job Placement Services.		X	X	X	
4x50- 367 Adult Day Care.		X	X		
4x50- 368 Supported Employment Services		X	X	X	
4x50- 369 Enclave		X	X	X	
4x63- 314 Residential Care Facility (RCF License) 1-5 Beds		X	X	X	
4x63- 315 Residential Care Facility For The Mentally Retarded (RCF/MR License) 1-5 Beds			X	X	
4x63- 316 Residential Care Facility For The Mentally III (RCF/PMI License) 1-5 Beds		X			
4x63- 318 Intermediate Care Facility For The Mentally Retarded (ICF/MR License) 1-5 Beds			X	X	
4x63- 329 Supported Community Living (Living alone or with other consumers)		X	X	X	
4x64- 314 Residential Care Facility (RCF License) 6-15 Beds		X	X	X	
4x64- 315 Residential Care Facility For The Mentally Retarded (RCF/MR License) 6-15 Beds			X	X	
4x64- 316 Residential Care Facility For The Mentally III (RCF/PMI License) 6-15 Beds		X			
4x64- 318 Intermediate Care Facility For The Mentally Retarded (ICF/MR License) 6-15 Beds			X	X	
4x65- 314 Residential Care Facility (RCF License) 16 and over Beds		X	X	X	
4x65- 315 Residential Care Facility For The Mentally Retarded (RCF/MR License) 16 and over			X	X	
4x65- 316 Residential Care Facility For The Mentally III (RCF/PMI License) 16 and over Beds		X			
4x65- 318 Intermediate Care Facility For The Mentally Retarded (ICF/MR License)			X	X	
4x71- 319 Inpatient/State Mental Health Institutes	X	X	X	X	X
4x72- 319 Inpatient/State Hospital Schools			X	X	
4x73- 319 Inpatient/Community Hospital	X	X	X	X	X
4x74- 300 Diagnostic Evaluations Related To Commitment.	X	X	X	X	X
4x74- 353 Sheriff Transportation	X	X	X	X	X
4x74- 393 Legal Representation for Commitment	X	X	X	X	X
4x74- 395 Mental Health Advocates	X	X	X	X	X

25.18(4) Provider Network

Service providers in the Bremer County Mental Health/Developmental Disabilities Services System will include state, county, and non-profit agencies. Principal service providers of the current Services System:

Mental Illness Services

Advocacy	Mental Health Advocate
Legal Representation	Local Attorneys
Evaluation	Covenant Clinic Psychiatry
Case Management	Bremer County Case Management
Transportation (non-sheriff)	Regional Transit Commission
Transportation	Bremer County Sheriff
Supported Community Living	Community Based Services
	Goodwill Industries of Northeast Iowa
	Adults, Inc.
	Larrabee Center
	Exceptional Persons, Inc.
Psychotherapeutic Treatment	Covenant Clinic Psychiatry

Sheltered Workshop Services	The Larrabee Center
Supported Employment	Adults, Inc. Community Based Services Goodwill Comp Systems
Inpatient/State Hospital	Independence Mental Health Institute
Inpatient/Community Hospitals	Allen Memorial Hospital Covenant Hospital
Community Based Residential (6-15 bed)	Community Based Services
Community Based Residential (16 bed and over)	Prairie View Management, Inc Heritage
Mental Retardation/Developmental Disabilities	
Service	Service Provider
Activities of Daily Living	Adults, Inc.
Case Management	Bremer County Case Management
Transportation	Regional Transit Commission Exceptional Persons, Inc.
Supported Community Living (T-19)	Adults, Inc. Community Based Services Exceptional Persons, Inc.
Supported Community Living	Community Based Services Goodwill Industries Exceptional Persons, Inc. Cedar Valley Community Support Comprehensive Systems
Psychotherapeutic Treatment	Covenant Clinic Psychiatry
Supported Employment	Community Based Services Goodwill Comp Systems Adults, Inc.
Sheltered Work	Adults, Inc. Larrabee Center Opportunity Village
State Institutions	Woodward State Hospital School
Community Based Residential (6-15 beds)	Exceptional Persons, Inc. Community Based Services
Community Based Residential (16 bed and over)	Opportunity Village G & G Living Centers

25.18(5) Access Points

Other than emergency services, the CPC Office is the only access point for service. Providers receiving requests for service from Bremer County applicants may refer them directly to the CPC office or assist the applicant in completing a Universal Application form and forwarding it to the CPC office. Applications and manuals will be available to all network providers.